

HOW TO JOIN THE LEAGUE

1



Fill out the [New Player Form](#) or email [Frank](#) for league info and a preliminary player rank

2



Once ranked, sign up for a [USA Hockey](#) membership

3



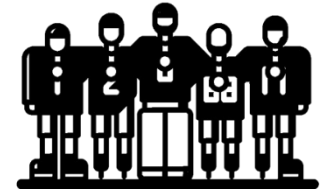
Sign up as a [Free Agent](#) using your USA Hockey membership number

4



Play as a substitute player and have your ranking confirmed

5



Lastly, we will help you find a team